

First Week of Great Lent

Sunday March 14 – 6:00 pm – Forgiveness Vespers

Monday, March 15 – 6:00 pm – Great Compline & Canon of St. Andrew of Crete

Tuesday, March 16 – 6:00 pm – Great Compline & Canon of St. Andrew of Crete

Wednesday, March 17 – 6:00 pm – Lit. of the Pre-Sanctified Gifts

Thursday, March 18 – 6:00 pm – Great Compline & Canon of St. Andrew of Crete

Friday, March 19 – 6:00 pm – Little Compline with Akathist

Saturday, March 20 – 6:00 pm – Great Vespers & Compline

Sunday, March 21 — **Sunday of Orthodoxy with Met. Joseph**

8:20 am Orthros

9:30 am Divine Liturgy

Bring an icon to church

Second Week of Great Lent

Monday, March 22 – 6:00 pm – Great Compline

Wednesday, March 24 – 6:00 pm – Gr. Vespers w/Litia

Thursday, March 25 – 8:00 am – Festal Orthros & Divine Liturgy for Annunciation

Friday, March 26 – 6:00 pm – Little Compline with Akathist

Saturday, March 27 – 6:00 pm – Great Vespers & Compline

Sunday, March 28 — **St. Gregory Palamas**

8:20 am Orthros

9:30 am Divine Liturgy

Third Week of Great Lent

Monday, March 29 – 6:00 pm – Great Compline

Wednesday, March 31 – 6:00 pm – Lit. of the Pre-Sanctified Gifts

Friday, April 2 – 6:00 pm – Little Compline with Akathist

Saturday, April 3 – 6:00 pm – Great Vespers & Compline

Sunday, April 4 — **Sunday of the Cross**

8:20 am Orthros

9:30 am Divine Liturgy

Fourth Week of Great Lent

Monday, April 5 – 6:00 pm – Great Compline

Wednesday, April 7 – 6:00 pm – Lit. of the Pre-Sanctified Gifts

Friday, April 9 – 6:00 pm – Little Compline with Akathist

Saturday, April 10 – Great Vespers & Compline

Sunday, April 11 — **St. John Climacus**

8:20 am Orthros

9:30 am Divine Liturgy

Fifth Week of Great Lent

Monday, April 12 – 6:00 pm – Great Compline

Wednesday, April 14 – 6:00 pm – Little Compline & Canon of St. Andrew of Crete & Life of St. Mary of Egypt

Thursday, April 15 – 6:00 pm – Lit. of the Pre-Sanctified Gifts

Friday April 16 – 6:00 pm – Little Compline with full Akathist

Saturday, April 17 – 6:00 pm – Great Vespers & Compline

Sunday, April 18 — **St. Mary of Egypt**

8:20 am Orthros

9:30 am Divine Liturgy

Sixth Week of Great Lent

Monday, April 19 – 6:00 pm – Great Compline

Wednesday, April 21 – 6:00 pm – Lit. of the Presanctified Gifts

Friday, April 23 – 6:00 pm – Little Compline with the Canon of the Raising of Lazarus

GREAT LENT — A TIME OF PREPARATION

Confession: Every Orthodox Christian should receive the Sacrament of Confession at least once during Great Lent and preferably prior to Holy Wednesday Unction and Holy Thursday Liturgy. Orthodox Christians should not approach the chalice at Pascha without participating in a sacramental confession during the Lenten season. ***Do not neglect this important Sacrament of the Church.***

Fasting: Great Lent is a traditional time of fasting in the Orthodox Church. The fast should be more intense during the first and fourth weeks of Lent and during Holy Week and in particular on Holy Friday. Fasting and abstinence are important parts of our spiritual preparation. Even if you do not fast any other time of the year, you should make every effort to participate in this time of self-denial and spiritual growth

Attending the Services: Every Orthodox Christian should attend as many of the Lenten services as possible. Great Lent only comes once a year. Our participation is a small thing in consideration of what our Lord has done for us.

Food For Hungry People: During Great Lent, we put aside alms for poor and needy people throughout the world as we give to the Food For Hungry People Program of our Archdiocese. Let us remember to give our alms during this important time of the year.

Donations: needed for flowers, candles, incense, olive oil, etc. during Lent and Holy Week. Special offerings for altar items or icons for the Church are also welcomed.

Valley Churches United Missions: We collect canned goods year-round for the food pantry at VCUM to help those in our own community that are in need. Please remember to put food in the collection barrel in the parish hall.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

FORGIVENESS VESPERS & GREAT LENT SCHEDULE

Sunday, March 14 – Friday, April 23, 2020

*Let us begin the fast with joy!
Let us prepare ourselves for spiritual efforts!
Let us cleanse our soul and cleanse our flesh!
Let us abstain from every passion
as we abstain from food!
Let us rejoice in virtues of the spirit
and fulfill them in love!
That we all may see the passion of Christ our God,
And rejoice in spirit at the Holy Pascha!*

His Eminence Metropolitan JOSEPH,
Archbishop of New York and Metropolitan of all North America, Primate
Reverend Father Nathan Thompson, Pastor
Reverend Father George Washburn
Reverend Father Thomas Lindsay